

Specialist Teaching and Learning Service (STLS) Support

Please find below the details of information sessions led by Goldwyn Specialist Teaching and Learning Service. Although these were initially designed for School staff training, the strategies and resources are able to be adapted for use by Parents and Guardians in the home. They are comprised of approximately 20-minute YouTube videos with handouts for further detail.

Please email chloe.webb@goldwyn.kent.sch.uk or email Miss Hanks (SENCo) at senco@john-wesley.org.uk for further details.

The 5 point scale is a visual strategy to help children begin to name, recognise and manage their emotions.

STLS ASHFORD INCLUSION TRAINING PROGRAMME 20/21


5 Point Scale

VIRTUAL

This training aims:

- To explain what the 5 point scale is.
- To discuss ways it can be used to support whole class or individuals covering different issues.
- To explain how the idea of scaling can be used to create a behaviour management plan for staff.

If you would like to access this training for FREE please email chloe.webb@goldwyn.kent.sch.uk for the link.



STLS ASHFORD INCLUSION TRAINING PROGRAMME 20/21


Emotion Coaching

Session 1 aims to:

- Introduces you to the theory of emotion coaching and gives you reasons why emotion coaching should underpin interactions with children and adults.

Session 2 aims to:

- Gives you the practical strategies and demonstrates how to implement emotion coaching when working with children and adults.



STLS ASHFORD INCLUSION TRAINING PROGRAMME 20/21

Understanding Anxiety

VIRTUAL

One training session you can watch in bitesized chunks. Learn about the possible causes of anxiety. How to break the vicious cycle of anxiety by thinking about your own patterns of behaviour. Use it for your own development and share with parents and the whole school community.

If you would like to access this training for FREE please email chloe.webb@goldwyn.kent.sch.uk for the link.



STLS ASHFORD INCLUSION TRAINING PROGRAMME 20/21

Anxiety Management

VIRTUAL

The second training presentation briefly covers how to remain emotionally well as an adult. It then goes onto cover in more detail strategies in a 5 step plan to help you manage your own and children's anxiety.

The training resource is for parents and all adults working in schools

If you would like to access this training for FREE please email chloe.webb@goldwyn.kent.sch.uk for the link.

