



## FOREST SCHOOL 2024-2025

We are so lucky to be able to continue our fantastic Forest School programme this year and it is Elm class' turn in Term 2, every Thursday afternoon for seven weeks.

Taking part in Forest School activities is conditional on the individual children recognising that these activities have potential for misadventure including personal injury. Participants shall be made aware of and accept these risks and agree to be responsible for their own actions and involvement. With expert risk awareness guidance and support, all children will swiftly become responsible for the safety of themselves and others.

An integral part of the Forest School experience is that your child will encounter the outdoors in all weathers. With the exception of high winds and thunder storms, please assume that they will be outdoors, perhaps for a shortened session. We therefore ask you to supply suitable outdoor clothing that will possibly (probably) get damaged, wet and muddy.

Please check the Met Office weather forecast (<https://www.metoffice.gov.uk>) and ensure that your child has the correct clothing for each session:

- An all in one puddle suit or waterproof trousers and coat.
- Sturdy waterproof footwear such as wellies.
- A long -sleeved top to prevent scratches, stings or insect bites.
- Long trousers such as track suit bottoms. Shorts and leggings are **not** acceptable as they do not provide enough protection for tree climbing and the reasons above.
- A fleece jumper and/or hoodie. Layers are ideal for temperature regulation under the canopy.
- A complete set of dry clothes including underwear to get changed into after their session.
- A hat, scarf and gloves for cold weather days.

This clothing is ESSENTIAL PPE for your child and not a non-uniform fashion show! If you have any problems sourcing anything on the list, please do let us know and we will provide some for you.

If you have any questions or concerns regarding Forest School, please do not hesitate to contact me or your child's class teacher for more information.

Teazle and I are really excited to be working with the children again this term and we hope that they can share their experiences and reflections with you at home.

Kindest Regards,

*Mrs Payne*

**Please put these dates into your diary.**

Thursday p.m. - 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>, 28<sup>th</sup> November, 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup> December 2024