



THE JOHN WESLEY SCHOOL DINNER MENU - MAY to OCTOBER 2024

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
WB 10/06/2024	Chicken and Sweetcorn Pizza <i>Gluten/Dairy Free Available</i>	Chicken Korma <i>Gluten//Dairy Free Available</i>	Pork Sausage <i>Gluten//Dairy Free Available</i>	Mince Beef Burrito <i>Gluten//Dairy Free Available</i>	Breaded Fish <i>Gluten//Dairy Free Available</i>
01/07/2024	Cheese and Tomato Pizza <i>Gluten//Dairy Free Available</i>	Vegetable Curry <i>Gluten//Dairy Free Available</i>	Vegetarian Sausage <i>Gluten//Dairy Free Available</i>	Vegetable Burrito <i>Gluten//Dairy Free Available</i>	Vegetable Quiche <i>Gluten/Dairy Free Available</i>
	Pasta	Rice	Roast Potatoes	Rice	Chips
02/09/2024	Seasonal Vegetables	Seasonal Vegetables	Carrots and Peas	Seasonal Vegetables	Baked Beans or Peas
23/09/2024	Jacket Potato Cheese or Tuna	Jacket Potato Cheese or Bacon Mayonnaise	No Jacket Potato Today	Jacket Potato Cheese or Coleslaw	Jacket Potato Cheese or Beans
14/10/2024	Jelly and Fruit	Biscuits	Rice Krispie Cake	Vanilla Iced Sponge	Smoothies

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
WB 17/06/2024	Chicken and Tomato Pasta <i>Gluten/Dairy Free Available</i>	Chicken Lasagne <i>Gluten/Dairy Free Available</i>	Roast Chicken <i>Gluten/Dairy Free Available</i>	Beef Burger <i>Gluten//Dairy Free Available</i>	Fish Fingers <i>Gluten//Dairy Free Available</i>
08/07/2024	Macaroni Cheese <i>Gluten/Dairy Free Available</i>	Vegetarian Lasagne <i>Gluten/Dairy Free Available</i>	Quorn Roast <i>Gluten/Dairy Free Available</i>	Quorn Burger <i>Gluten//Dairy Free Available</i>	Vegetable Nuggets <i>Gluten//Dairy Free Available</i>
	Pasta		Roast Potatoes	Wedges	Chips
09/09/2024	Seasonal Vegetables	Seasonal Vegetables	Carrots and Broccoli	Seasonal Vegetables	Baked Beans or Peas
30/09/2024	Jacket Potato Cheese or Tuna	Jacket Potato Cheese or Chicken Mayonnaise	No Jacket Potato Today	Jacket Potato Cheese or Coleslaw	Jacket Potato Cheese or Baked Beans
21/10/2024	Jelly and Fruit	Biscuits	Whip	Carrot Cake	Ice Cream

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
WB 24/06/2024	Sausage Roll <i>Gluten/Dairy Free Available</i>	BBQ Chicken Wrap <i>Gluten/Dairy Free Available</i>	Roast Gammon <i>Gluten/Dairy Free Available</i>	Meatballs <i>Gluten//Dairy Free Available</i>	Breaded Fish <i>Gluten//Dairy Free Available</i>
15/07/2024	Vegetarian Sausage Roll <i>Gluten/Dairy Free Available</i>	Vegetable Tortilla Stack <i>Gluten/Dairy Free Available</i>	Vegetable Pastry Slice <i>Gluten/Dairy Free Available</i>	Quorn Meatballs <i>Gluten//Dairy Free Available</i>	Cheese and Onion Pinwheel <i>Gluten//Dairy Free Available</i>
	Mash	Rice	Roast Potatoes	Rice	Chips
16/09/2024	Seasonal Vegetables	Seasonal Vegetables	Carrots, Sweetcorn and Carrots	Seasonal Vegetables	Baked Beans or Sweetcorn
07/10/2024	Jacket Potato Cheese or Tuna	Jacket Potato Cheese or Bacon Mayonnaise	No Jacket Potato Today	Jacket Potato Cheese or Coleslaw	Jacket Potato Cheese or Beans
	Jelly and Fruit	Biscuits	Rice Krispie Cake	Chocolate Iced Sponge	Smoothies

***22/07/2024 and 23/07/2024 - Special menu for last two days TBC**

FRESH FRUIT, YOGHURTS AND DAIRY FREE YOGHURTS ARE AVAILABLE DAILY. GLUTEN FREE PASTA, VEGAN CHEESE AND HALAL MEAT ARE ALWAYS AVAILABLE AS AN ALTERNATIVE.